

## FINAL CHECK

The important thing to remember is that the helmet fits snugly. If you can tilt it forward or backward, you need to tighten the strap adjustment.

It is important for the helmet to tilt snugly on your head and must be fastened to provide maximum protection.

All adjustments should be checked each time the helmet is worn, making sure it fits snugly at all times.

## CARING FOR YOUR HELMET

Clean the headgear with mild soap and water only. The use of any hydrocarbons, cleaning fluids, paints or decals can cause damage to the helmet and make it ineffective in the result of an accident.

## KEEP HELMET OUT OF EXTREME HEAT

Helmets will be damaged if exposed to temperature exceeding 150°F. Dark vehicles and storage bags can exceed this on very hot days. Heat damaged helmet will have random disfigured areas where the texture appears bubbly and uneven. If damaged, helmets should be destroyed and replaced immediately.

## IMPORTANT INFORMATION

This headgear is designed to adsorbed the energy of a blow by partial destruction or damage itself. Even though such damage may not be visible, the helmet should be destroyed or replaced, if it is involved in an injury-related fall.

Unfortunately, some accidents result in head injury that cannot be prevented by ANY helmet. Depending on the type of impact, even very low speeds can result in a serious head injury or fatality. Always ride with extreme caution and be sure to read this manual thoroughly.

## WARNING

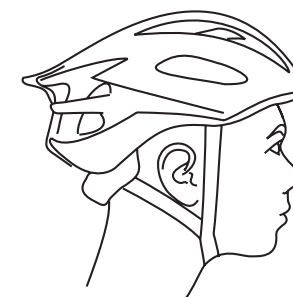
This helmet is designed and intended exclusively for the use of pedal cyclists, skateboarders and rollerskaters. It is not intended for and will not provide adequate, safety protection if used during motorsport or moped use. No helmet can protect the wearer against all unforeseeable impacts. However, for maximum protection, the helmet must fit well and all retention straps must be securely fastened. Do not modify or remove any of the original components of this helmet other than recommended by the manufacturer. This helmet should not be used by children whilst climbing or doing other activities when there is a risk of hanging if the child gets trapped with the helmet.

## OWNER'S MANUAL

HELMET FOR PEDAL CYCLIST,  
SKATEBOARDERS AND ROLLERSKATERS

### IMPORTANT!

Please read carefully before using your new helmet



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IDIADA Automotive Technology  
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E-43710 Santa Oliva (Tarragona) Espana  
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Conforms to EN1078



The helmet you have just purchased provides protection, whether on or off the road. To insure proper use of this helmet, familiarize yourself with its features, fit and care by carefully reading through this manual before wearing your new helmet.

## PROTECTION AND VENTILATION

The outer shell allows the helmet to be rated one of the lightest helmets while providing excellent durability and integrity. The multiple vents with inner air channels draw the air throughout the helmet and over the brow for maximum cooling.

## PAD FITTING

The helmet must fit properly to be effective. With a proper fit, the helmet will not move back and forth or side to side while fastened. If the helmet does not fit with installed pads, simply remove them and install a different size pad (not included). To insure the proper fit, mix and match the pad thickness to best conform to your head shape. (See Diagram 1)

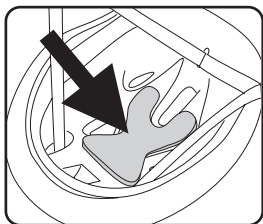


Diagram 1

## RETENTION SYSTEM

This helmet uses a retention system that is simple and can be buckled and unbuckled without changing the adjustment. The straps must be snugly and evenly tensioned. Place the helmet firmly on your head and fasten the buckle. (See Diagram 2)

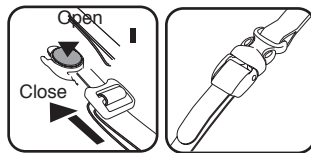


Diagram 2

Notice which strap is loose. Tighten the loose strap after removing the helmet. To tighten the chin strap, hold the buckle with one hand. Then pull the excess strap through. (See Diagram 3)

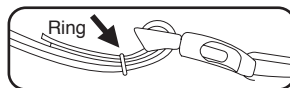
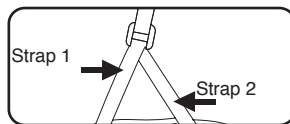


Diagram 3

To tighten the rear strap, pull excess from the rear of strap 2. Hold the helmet with one hand. With the other hand hold the strap where they pass under your chin. Then pull from side to side to balance the length of all four straps. (see Diagram 3)

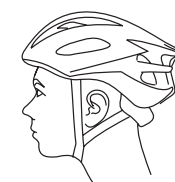
The helmet must sit firmly and level on your head. (See Diagram 4) To lower the front of the helmet to cover your forehead, tighten the chin strap and loosen the rear strap. To raise the front, loosen the chin strap and tighten the rear strap.

To check for proper tension, put on the helmet and fasten the buckle. Open your mouth. You should feel the strap pulling against your chin.

Then attempt to pull the helmet off the front and rear. If the helmet comes off increase strap tension and examine if thick enough pads are being used. The helmet should not be able to roll forward or backward excessively. It should not be possible to remove the helmet without unfastening the buckle.

**NOTE:** Please check adjustment every time the helmet is worn.

Correct:



Incorrect:

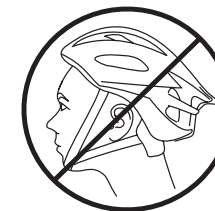


Diagram 4